

## **Silent Saturday: Jesus in the tomb**

**Song:** [Be still and know that I am God](#)

**Prayer**

**Reading** Luke 23:50-56

### **Reflection**

- Today is Saturday – the Sabbath day.
- For the Jews this is the rest day of the week.
- God created the heaven and the earth in 6 days and on the 7<sup>th</sup> day he rested (Gen 2:2-3: *2 By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. 3 Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done*)
- Jesus is in the grave – he is dead – we do not know what he is doing. Or is he resting and allowing us to rest too?
- One challenge of some Messianic Christians is that we also should adopt the Sabbath as the rest day and not the Sunday.
- But do we even take Sunday as a rest day?
  
- But here there is rest, stillness, quietness.
- For the disciples it is a time of grieving and loss
- For us a day of reflection and anticipation
- So let us then also be still for the Lord

<Silence>

**Song:** [Be Still and Know](#)

**Prayer**

**Blessings**